SUMTER ROVE SENIOR LIVING



Thursday 9/1

9:00 – Inspirational Chat w/Tina – LIB 10:00 – Fitness Booster w/Keever – AR 10:30 - RESIDENT COUNCIL MEETING w/Tina – AR 1:30 – Front Porch Social - FP 3:00 – Sumter Grove Pinewood Durby in the Garage w/Kirk – AR 5:00 – The Daily Chronicle – A

Friday 9/2

9:00 – Devotion w/Tina – LIB 10:00 – Flow With Flexibility – AR 10:30 – Labor Day Trivia – A 1:30 – Front Porch Social - FP 2:30 – MYSTERY RIDE - BUS 5:00 – The Daily Chronicle & Labor Day Word Search – A

Saturday 9/3

9:30 – Second Cup – AR 10:30 – Color Me Wild – AR 1:30 – Root Beer Floats on the Front Porch – FP 3:00 – Piece By Piece Bingo - AR 6:00 – The Daily Chronicle – A

Sunday 9/4

9:30 – TV Church – A 10:30 – The Daily Chronicle – A 1:30 – Front Porch Social – AR 3:00 – Word In a Word – AR 5:00 – Sunday Evening Movie & Popcorn – AR

Monday 9/5

9:00 – Devotion w/Pastor Cheryl – LIB 10:00 – Bee Gees Seated Workout - AR 10:30 – Sail to Tortuga – A 1:30 – Front Porch Social - FP 3:00 – Luck of the Draw Bingo - AR 5:00 – The Daily Chronicle – A

Tuesday 9/6

9:00 - Devotion w/Mr. McGee – LIB 10:00 – Go, Go Fitness w/Keever – AR 10:30 – The Daily Chronicle – A 1:30 – Front Porch Social - FP 3:00 – Fashionic Nails – AR 5:00 – Which One Is Not Like the Others? – A

Wednesday 9/7

9:00 – Devotion w/Tina – LIB 10:00 – Senior Power w/Tina – AR 10:30 – Searching for September – A 1:30 – Front Porch Social– FP 3:00 – Bible Study w/Tina - LIB 6:00 – The Daily Chronicle - A

Thursday 9/8

9:00 - Morning Devotion - LIB 10:00 - Total Body Reset w/Keever - AR 10:30 - The Daily Chronicle - A 1:30 - Front Porch Social - FP 3:00 - Guess Who Happy Hour-Resident Photos - AR 5:00 - Fantastic Firefly - A

Friday 9/9

9:00 – Devotion w/Tina - AR 10:00 – F-abs Friday w/Tina - AR 10:30 – Famous September Birthdays – A 1:30 – Front Porch Social - FP 2:00 – Shopping @ Burlington - BUS 5:00 –- The Daily Chronicle - A

Saturday 9/10

9:45 – Second Cup – AR 10:30 – The Daily Chronicle – A 1:30 – Saturday afternoon Rockers - FP 3:00 – The Squares Bingo - AR 5:00 – Reflections on the Heavens – A

Sunday 9/11

9:00 – TV Church - AR 10:30 – Grandparent Word Search – A 1:30 – Grandparents Ice Cream Social - FP

2:30 – Ecclesiastes Mining - AR 5:00 – The Daily Chronicle - A

Monday 9/12

9:00 – Devotion w/Pastor Cheryl – LIB 10:00 – Strategic Strength w/Tina – AR 10:30 – The Daily Chronicle – A 1:30 – Test and Tune Durby Cars w/ Kirk - AR 3:00 – Bingo Squad – AR 5:00 – Word search – A

Tuesday 9/13

9:00 – Morning Devotion w/Mr. McGee – LIB 10:00 – Stay Fit w/Keever – AR 10:30 – Six-Step Mushroom Drawing - AR 1:30 – FOOD COMMITTEE MEETING w/Jackie – AR 3:00 – Catchy Nails – AR 5:00 – The Daily Chronicle - A

Wednesday 9/14

9:00 – Morning Devotion – LIB 10:00 – Body Fit w/Tina – AR 10:30 – Inspiring Message Rock Painting w/Tina– AR 1:30 – Front Porch Social - FP 3:00 – Bible Study - LIB 5:00 – The Daily Chronicle - A

Thursday 9/15

9:00 – Devotion w/Mr. David – LIB 10:00 – Moving Musclez w/Keever – AR 10:30 – The Daily Chronicle – A 1:30 – Front Porch Social - FP 5:00 – Word Scramble – Clothing – A

Thursday 9/22

3:00 - Mix & Mingle Happy Hour

9:00 - Friday Morning Devotion -

10:00 - Mexican Fitness w/Tina - AR

10:30 - Lunch Outing @ Logan Road

1:30 - Mexican Social w/Salsa

5:00 - The Daily Chronicle - A

10:30 - September Trivia - A

1:30 - Front Porch Social - FP

3:00 - Free Space Bingo - AR

5:00 - Pirate Search & Solve - A

6:30 - Sumter Opera House (The

9:45 - Second Cup - AR

Letterman) – BUS

9:30 – TV Church – A

10:30 - Fall Craft Hour - AR

1:30 - Lemonade Social - FP

5:00 – Sunday Evening Popcorn &

9:00 - Devotion w/Pastor Cheryl -

10:00 - Jazzy Moves w/Tina - AR

10:30 - Trip to Walmart - BUS

3:00 - Up & Down Bingo - AR

9:00 - Daily Devotion w/Mr. McGee

10:00 - Curls n' Crunches w/Keveer

1:30 – Figure It Out w/Tina – AR

5:00 - The Daily Chronicle - A

10:00 - Fit & Fab w/Tina - AR

1:30 - Front Porch Social - FP

3:00 - Bible Study - LIB

10:30 - The Daily Chronicle - AR

3:00 – Spa Day in the Activity Room

9:00 - Daily Reflections w/Tina - LIB

Front Porch - FP

5:00 - Word Search - A

10:30 - Art Class - AR

Tuesday 9/20

– LIB

– AR

– AR

Wednesday 9/21

1:30 - Rice Krispie Treats on the

3:00 - Bible Jeopardy - AR

3:00 - Mexican Art Painting Hour

5:00 – Puzzle Time – A

– AR

Friday 9/16

House - BUS

Dancing – AR

LIB

– AR

Saturday 9/17

Sunday 9/18

Soda – A

Mondav 9/19

LIB

9:00 – Daily Reflection w/Tina – LIB 10:00 – Fatless Exercise w/Keever – AR 10:30 – Fall Wreath w/Tina – A 1:30 – Front Porch Social - FP 3:00 – Football Season Happy Hour – AR 5:00 – The Daily Chronicles – A

Friday 9/23

9:00 – Devotion w/Tina – LIB 10:00 – Woodland Workout w/Tina – AR 10:30 – The Daily Chronicle – A 1:30 – Front Porch Social – FP 3:00 – 1940's Edition - The Price Was Right – AR 5:00 – Mind Joggers – A

Saturday 9/24

9:45 – Second Cup – AR 10:30 – The Daily Chronicle – A 1:30 – Hydration on the Front Porch – FP 3:00 – Life for Friends Bingo – AR 5:00 – Saturday Evening Rockers – A

Sunday 9/25

9:30 – Sunday Morning TV Service – A 10:30 – The Daily Chronicle – A 1:30 – Coke on the Front Porch – FP 3:00 – Word In a Word Challenge – AR 5:00 – Seek & Find – A

Monday 9/26

9:00 – Devotion w/Pastor Cheryl – LIB 10:00 – Body Improving Exercise – AR 10:30 – Fall Craft Hour – AR 1:30 – Front Porch Social – FP 3:00 – Bingo – AR 5:00 – The Daily Chronicle – A

Tuesday 9/27

9:00 – Daily Devotion w/Mr. McGee - LIB 10:00 – Body Goddess w/ Keever – AR 10:30 – Jewelry Class w/Tina – AR 1:30 – Front Social - FP 3:00 – Classy & Fancy Nails – AR 5:00 – The Daily Chronicle – A

Wednesday 9/28

9:00 – Morning Devotion - LIB 10:00 – Daily Burnout Exercise - AR 10:30 – The Daily Chronicle – A 11:45 – CAPTAIN'S TABLE – DR 1:30 – Front Porch Social - FP 3:00 – Bible Study – LIB 5:00 – Autumn Word Search – A

Thursday 9/29

9:00 - Morning Devotion w/ Mr. David - LIB
10:00 - Boom Fitness w/Keever - AR
10:30 - The Daily Chronicle - AR
1:30 - Front Porch Social - FP
3:00 - Happy Hour Birthday Celebration - AR
5:00 - Common Endings - A - A

Friday 9/30

9:00 – Morning Devotion – LIB 10:00 – Ideal Fit w/Tina – AR 10:30 – The Daily Chronicles - A 1:30 – Front Porch Social – FP 3:00 – Pinewood Durby Main Event w/Kirk – DR (Car Racing) 5:00 – Secret Occupation – A

Location Key:

Activity Room - AR Dining Room - DR Front Porch - FP Courtyard - CY Apartment - A Library - L

Residents Birthday Mary Keels 9/2

Mary Keels 9/2 Marjorie Garaux 9/10 James Price 9/16 Pat Prince 9/21 Carolyn Haley 9/21 Delores Redmond 9/26 John Mewborn 9/29

Staff Birthdays Sandra McLeod 9/12

Wear Your Favorite Team Color 9/22 All Programs are Subject to Change without NOTICE!!!

> Sumter Grove Senior Living