



# March 2023



## Wednesday 3/1

9:00 – Morning Devotion w/Tina – LIB  
10:00 – Morning Stretches w/Tina – AR  
10:30 – March IQ & Hydration Cart – A  
1:30 – Balloon Volleyball w/OT/PT - AR  
3:00 - Bible Study – LIB  
5:00 – The Daily Chronicle – A

## Thursday 3/2

9:00 – Devotion w/Mr. David – LIB  
10:00 – Total Body Fitness w/Keever – AR  
10:30 – Resident Council Meeting – AR  
1:30 – Indoor Horse Shoeing – AR  
3:00 – Thirsty Thursday Happy Hour – AR  
5:00 – The Daily Chronicle – A

## Friday 3/3

9:00 – Devotion w/Mrs. Annie– LIB  
10:00 – March Madness Trivia – A  
11:00 – You can Yoga w/Southern Bliss – AR  
1:00 – Famous Irish Folks Hangman – AR  
1:30 – Bowling @ Gamecock Lane - BUS  
5:00 – The Daily Chronicle – A

## Saturday 3/4

National Pound Cake Day!!!!  
9:45 - Second Cup w/Tina – AR  
10:30 – Balloon Volleyball w/Tina – AR  
1:30 – Afternoon Tea Social – AR  
3:00 – Green Dot Bingo - AR  
5:00 – The Daily Chronicle – A

## Sunday 3/5

9:30 – TV Church – A  
10:30 – Balloon Volley Ball w/Tina – AR  
1:30 – Snack Time & Hydration Cart – AR  
3:00 – Bible Trivia – AR  
5:00 – The Daily Chronicle – A

## Monday 3/6

9:00 – Devotion w/Pastor Cheryl – LIB  
10:00 – Sizzle & Sweat Exercise w/Sumter Grove Staff – AR  
10:30 – The Daily Chronicle – AR  
1:30 – Word in a Word - World Tennis Day – AR  
3:00 – Crowded House Bingo – AR  
5:00 – Dot - to - Dot – A

## Tuesday 3/7

9:00 – Morning Devotion w/Tina – LIB  
10:00 – Green Fit Exercise w/Keever – AR  
10:30 – The Daily Chronicle – AR  
1:30 – Choose a Letter - Letter Painting – AR  
3:00 – A Perfect Nails Spa w/Tina – AR  
5:00 – A-Z Word Game – A

## Wednesday 3/8

9:00 – Morning Devotion w/Tina – LIB  
10:00 – Fitness Together w/Tina – AR  
10:30 – The Daily Chronicle – A  
1:30 – Balloon Volleyball w/OT/PT – AR  
3:00 – Bible Study – AR  
5:00 – February Word Search – A

## Thursday 3/9

Popcorn Lover Day!!!!  
9:00 – Devotion w/Mr. David – LIB  
10:00 – Raise the Bar w/Select Rehab – AR  
10:30 – Cooking Class w/Kristy – AR  
1:30 – The Daily Chronicles – AR  
3:00 – Thirsty Thursday Happy Hour– AR  
5:00 – Find 10 Letter Sequences – A

## Friday 3/10

9:00 – Devotion w/Mrs. Annie – LIB  
10:00 – Senior Power Exercise w/Tina – AR  
10:30 – BP & Weight Clinic w/Sumter Grove Staff – AR  
1:30 – Crafty Crafters – AR  
2:30 – Shopping Trip @ Belk's – BUS  
5:00 – The Daily Chronicle – A

## Saturday 3/11

9:45 – Second Cup w/Melissa – AR  
10:30 – Saturday Morning Warm Up – AR  
1:30 – Snacks on Me – AR  
3:00 – Time After Time Bingo – AR  
5:00 – Neighbor Visits – A

## Sunday 3/12

9:30 – TV Church – A  
10:30 – Find the missing numbers to 100 – A  
1:30 – Snack Time – AR  
3:00 – Quote Buster – AR  
6:30 – The Daily Chronicle – AR

## Monday 3/13

9:00 – Devotion w/Pastor Cheryl – LIB  
10:00 – Stay Fit w/Tina – AR  
10:30 – Country Music Hour – AR  
1:30 – Lucky Number Bingo w/Sara – AR  
3:00 – Game Time – AR  
5:00 – The Daily Chronicle – A

## Tuesday 3/14

9:00 – Morning Devotion w/Tina LIB  
10:00 – Jazzy Moves w/Keever – AR  
10:30 – The Daily Chronicle – AR  
1:30 – Basketball Hoop w/Tina – AR  
3:00 – Total Relaxation Nail Spa – AR  
5:00 – Mini Sudoku Puzzles – A

## Wednesday 3/15

9:00 – Morning Devotion w/Tina LIB  
10:00 – Go, Go Fitness w/Tina – AR  
10:30 – Lucky Golf Ball Charm – AR  
1:30 – Volleyball Balloon Toss w/OT/PT– AR  
3:00 – Bible Study – LIB  
5:00 – The Daily Chronicle – A

## Thursday 3/16

9:00 – Devotion w/Mr. David – LIB  
10:00 – Next level Fitness w/Keever – AR  
10:30 – Cooking w/Kristy – A  
1:30 – Lucky Golf Ball Charm – AR  
3:00 – Thirsty Thursday Happy Hour – AR  
5:00 – The Daily Chronicle – A

## Friday 3/17

St. Patrick's Day!!!!  
9:00 – Devotion w/Mrs. Annie – LIB  
10:00 – Happy St. Patrick's Day Word Search – A Don't  
Forget to Wear Your Green  
11:00 – You can Yoga w/Southern Bliss – AR  
1:30 – Happy St. Patrick's Day Mining – AR  
2:30 – St. Patrick's Day Social – AR  
5:00 – The Daily Chronicle – A

## Saturday 3/18

9:45 – Second Cup w/Kirk – AR  
10:30 – Irish Dancing Quiz – A  
1:30 – Win Like Never B-4 Bingo – AR  
3:00 – Come Let's Celebrate Mr. Pete Langer's 90th Birthday – DR  
5:00 – The Daily Chronicle – A

## Sunday 3/19

9:30 – TV Church – A  
10:30 – The Daily Chronicle – A  
1:30 – Guess a Letter – AR  
3:00 – Sunday Movie & Popcorn– AR  
5:00 – Faithfulness Mining – A

## Monday 3/20

9:00 – Devotion w/Pastor Cheryl – LIB  
10:00 – Epic Effort w/Sumter Grove Staff – AR  
10:30 – Who Said That w/Tina – AR  
1:30 – Can Slam w/Tina & Kristy - AR  
3:00 – Unlucky For Some Bingo – AR  
5:00 – The Daily Chronicle – A

## Tuesday 3/21

9:00 – Devotion w/Tina – LIB  
10:00 – Exercising w/Keever – AR  
10:30 – Painting on Purpose - AR  
1:30 – Coffee & Cookies – AR  
3:00 – Pure Bliss Nail Spa - AR  
5:00 – The Daily Chronicle – A

## Wednesday 3/22

9:00 – Devotion w/Tina – LIB  
10:00 – Freestyle Movements w/Tina – AR  
10:30 – The Daily Chronicle – A  
11:45 – Captains Table w/Melissa – LIB (March Birthdays)  
1:30 – Balloon Volleyball w/OT/PT – AR  
3:00 – Bible Study – AR  
5:00 – Working with Tools – A

## Thursday 3/23

National Chip & Dip Day!!  
9:00 – Devotion w/Mr. David – LIB  
10:00 – Cardio Go w/Select Rehab – AR  
10:30 – Cooking w/Kristy – AR  
1:30 – March Madness Basketball – AR  
3:00 – Thirsty Thursday Happy Hour – AR  
5:00 – The Daily Chronicle – A

## Friday 3/24

9:00 – Inspirational Chat w/Mrs. Annie – LIB  
10:00 – Creative Fitness w/Tina – AR  
10:30 – Lunch Outing @ The Shrimper – AR  
1:30 – Front Porch Social – FP  
3:00 – Word In a Word Challenge – AR  
5:00 – The Daily Chronicle – A

## Saturday 3/25

9:45 – Second Cup w/Angie - AR  
10:30 – What Am I? –AR  
1:30 – Front Porch Social - FP  
3:00 – Right Track Bingo – AR  
5:00 – The Daily Chronicle – A

## Sunday 3/26

9:30 – TV Church – A  
10:30 – Wear a Hat Day mining on the White Board – A  
1:30 – You Be the Judge – AR  
3:00 – Snack Time – AR  
5:00 – The Daily Chronicle – A

## Monday 3/27

9:00 – Devotion w/Pastor Cheryl – LIB  
10:00 – Fitness Booster w/Tina – AR  
10:30 – Searching for March – A  
1:30 – Independent Craft Time – AR  
3:00 – Bingo Squad w/Tina – AR  
5:00 – The Daily Chronicle – A

## Tuesday 3/28

9:00 – Devotion w/Tina – LIB  
10:00 – Chair Cardio w/Keever – AR  
10:30 – Craft Time – Mini Pallet Coaster – AR  
1:30 – Penny Pitching w/Tina – AR  
3:00 – Body & Mind Spa (Nails) – AR  
5:00 – The Daily Chronicle – A

## Wednesday 3/29

9:00 – Devotion w/Tina – LIB  
10:00 – Senior Fit w/Tina – AR  
10:30 – The Daily Chronicle – AR  
1:30 – Balloon Volleyball w/OT/PT – AR  
3:00 – Bible Study – LIB  
5:00 – Shamrock Word Search – A

## Thursday 3/30

9:00 – Devotion w/Mr. David – LIB  
10:00 – Gentle Stretching – AR  
10:30 – Just Desserts Cooking Class w/Kristy – AR  
1:30 – Jewelry Time w/Tina – AR  
3:00 – Thirsty Thursday Happy Hour – AR  
5:00 – The Daily Chronicle – A

## Friday 3/31

9:00 – Devotion w/Mrs. Annie – LIB  
10:00 – Physical Fit w/Tina – AR  
10:30 – The Daily Chronicle – A  
1:30 – Celebrating March Birthday's – AR  
3:00 – Game Time w/Tina – AR  
5:00 – Word Search – AR

## Location Key:

**Activity Room - AR**  
**Dining Room – DR**  
**Front Porch – FP**  
**Courtyard - CY**  
**Apartment – A**  
**Library - L**  
**Hallways – H**  
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**Activity Room - AR**  
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**All Programs are Subject to Change without NOTICE!!!**

**Sumter Grove**  
*Senior Living*