

SUMTER GROVE

SENIOR LIVING

May 2023



Monday 5/1

9:00 – Devotion w/Pastor Cheryl – LIB
10:15 – Jump and Jive Exercise w/Tina – AR
10:40 – Guess a Letter – AR
1:30 – Porch Rockers w/Hydration Cart – FP
3:00 – Bingo Bangers – AR
5:00 – The Daily Chronicle – A

Tuesday 5/2

9:00 – Spiritual Uplift w/Tina – LIB
10:00 – Workout Wonders w/Select Rehab – AR
10:30 – Horseshoe Door Décor – AR
1:30 – Cards & Chips – AR
3:00 – Sumter Grove Day Spa w/Tina – AR
5:00 – The Daily Chronicle – A

Wednesday 5/3

9:00 – Inspirational Chat w/Tina – LIB
10:00 – Sit & Stretch w/Tina – AR
10:30 – BP & Weight Clinic – AR
12:00 – Rummikub – AR
1:30 – Balloon Volleyball w/Select Rehab – AR
3:00 – Reflection on Dancing for Joy w/Tina – LIB
5:00 – The Daily Chronicle – A

Thursday 5/4

9:00 – Devotion w/Mr. David – LIB
10:00 – Morning Moves w/Select Rehab – AR
10:30 – Resident Council Meeting – AR
1:30 – Cooking w/Kristy – AR
3:00 – Thirsty Thursday Happy Hour – AR
5:00 – The Daily Chronicle – A

Friday 5/5

9:00 – Devotion w/Mrs. Annie – LIB
10:00 – Movin' to the Music w/Tina – AR
10:30 – Searching for Cinco de Mayo – A
12:00 – A Game of Rummikub – AR
1:30 – Enjoying Nature – FP
3:00 – Cinco de Mayo Social w/Tina – AR
5:00 – The Daily Chronicle – A

Saturday 5/6

9:00 – Devotion – LIB
9:45 – Second Cup w/Dee – AR
10:45 – Horseshoe Sense Game – AR
1:30 – Front Porch Social – FP (Kentucky Derby Pie)
3:00 – Strong Bong Bingo – AR
5:00 – The Daily Chronicle – A

Sunday 5/7

9:30 – TV Church CH: 51 – A
10:30 – Bible Trivia – AR
1:30 – Front Porch Social – FP
3:00 – Word In A Word – AR
5:00 – The Daily Chronicle – A

Monday 5/8

9:00 – Devotion w/Pastor Cheryl – LIB
10:00 – Sit & Stretch w/Tina – AR
10:30 – Word Search – AR
1:30 – Front Porch Social – FP
3:00 – Silent Tooters Bingo – AR
6:00 – The Daily Chronicle – A

Tuesday 5/9

9:00 – Inspirational Chat w/Tina – LIB
10:00 – Reach to Improve w/Select Rehab – AR
10:30 – Art Thrill Fine Arts – AR
1:30 – Snack Bar – AR
3:00 – Feel-Good Nails Spa – AR
5:00 – The Daily Chronicle – A

Wednesday 5/10

9:00 – Spiritual Uplift w/Tina – AR
10:00 – Senior Fit Club – AR
10:30 – Hydration Station & Daily Chronicle – A
1:30 – Balloon Volleyball w/Select Rehab – AR
3:00 – Round Table Bible Study – LIB
5:00 – The Daily Chronicle – A

Thursday 5/11

9:00 – Devotion w/Mr. David – LIB
10:00 – Fitness Fun w/Select Rehab – AR
10:30 – Cooking w/Kristy – AR
1:30 – Flower Potting w/Tina – AR
3:00 – Thirsty Thursday Happy Hour – AR
5:00 – The Daily Chronicle – A

Friday 5/12

9:00 – Devotion w/Mrs. Annie – LIB
10:00 – Morning Refresh w/Tina – AR
10:30 – Lunch Outing @ Shrimper - BUS
1:30 – Remembering Songs about Mothers – AR
3:00 – Smiling Our Way to Health – LIB
5:00 – Movie Night – AR

Saturday 5/13

9:00 – Devotion – LIB
9:45 – Second Cup w/Leigh – AR
10:30 – Dramatic Paper Corsage – AR
1:30 – Mother Goose Poems on the White Board – AR
3:00 – Square Eights Bingo – AR
5:00 – Famous May Birthdays – A

Sunday 5/14

9:30 – TV Church CH: 51 – A
10:30 – Mother's Day Matinee (The Golden Girls)
HAPPY MOTHER'S DAY!!!
1:30 – TV Moms Hangman on the White Board – AR
3:00 – Mother's Day Ice Cream Social – AR
Mother's Day Quotes on the White Board – AR
5:00 – Mother's Day Word Search – A

Monday 5/15

9:00 – Devotion w/Pastor Cheryl – LIB
10:00 – Forever Fit Class w/Tina – AR
10:30 – Poppy Field Collage w/Tina – AR
1:30 – Snack Time & Hydration Cart – FP
3:00 – Game after Game Bingo – AR
5:00 – The Daily Chronicle – A

Tuesday 5/16

9:00 – Devotion w/Tina – LIB
10:00 – Exercise w/Select Rehab – AR
10:30 – Creative Trails Art Class – AR
1:30 – Music on the Front Porch – FP
3:00 – All About You Nail Spa – AR
5:00 – The Daily Chronicle – A

Wednesday 5/17

9:00 – Devotion w/Tina – LIB
10:00 – Flexible Strength w/Tina – AR
10:30 – Stormy Night Sky Painting – AR
12:00 – Table Game – Rummikub – AR
1:30 – Balloon Volleyball w/Select Rehab – AR
3:00 – Bible Study – LIB
5:00 – The Daily Chronicle – A

Thursday 5/18

9:00 – Devotion w/Mr. David – LIB
10:00 – Workout w/Select Rehab – AR
10:30 – Cooking W/Kristy – AR
1:30 – Front Porch Social – FP
3:00 – Thirsty Thursday Happy Hour – AR
5:00 – May Zodiac – A

Friday 5/19

9:00 – Devotion w/Mrs. Annie – LIB
10:00 – Craft Time w/Annie – AR
11:00 – Chair Yoga w/Melissa @ Southern Bliss – AR
1:30 – Watermelon on the Front Porch – FP
3:00 – Bus Ride w/Tina – BUS
5:00 – May IQ Quiz – A

Saturday 5/20

9:00 – Devotion – LIB
9:45 – Second Cup w/Melissa – AR
10:30 – Saturday Morning Workout – AR
1:30 – Front Porch Social – FP
3:00 – Keep In Touch Bingo – AR
5:00 – Searching for May – A

Sunday 5/21

9:30 – TV Church CH: 51 – A
10:30 – Word Search – A
1:30 – Front Porch Social – FP
3:00 – Craft Time – A
5:00 – The Daily Chronicle – A

Monday 5/22

9:00 – Devotion w/Pastor Cheryl – LIB
10:15 – Muscle Monday – AR
10:40 – The Daily Chronicle & Mix-Up Victoria Day Fun – AR
1:30 – Victorian Day Color Page – AR
3:00 – Freestyle Bingo – AR
5:00 – Victoria Day Word Search – A
Tuesday 5/23
9:00 – Spiritual Uplift w/Tina – LIB
10:00 – Work it Out Exercise w/Select Rehab – AR
10:30 – Catchy Creations w/Tina – AR
1:30 – Front Porch Rockers – AR
3:00 – Mani's & Tunes w/Tina – AR
5:00 – The Daily Chronicle -A

Wednesday 5/24

9:00 – Spiritual Uplift w/Tina – LIB
10:00 – Morning Moves – AR
10:30 – May Facts Check – AR
1:30 – Balloon Volleyball w/Select Rehab – AR
3:00 – Round Table Bible Study w/Tina – LIB
5:00 – The Daily Chronicle – A

Thursday 5/25

9:00 – Devotion w/Mr. David – LIB
10:00 – Fit as a Fiddle – AR
10:30 – Activity Sheet – A
1:30 – Front Porch Social – FP
3:00 – An Hour of Karaoke w/Tina – AR
5:00 – The Daily Chronicle – A

Friday 5/26

9:00 – Devotion w/Mrs. Annie – LIB
10:00 – Friday Morning Tone Up – AR
10:30 – Wood Circle Memorial Day Craft – AR
2:00 – 4:00pm – Swan Lake Iris Festival Boat Ride – BUS
3:00 – Memorial Day Secret Message – AR
5:00 – The Daily Chronicle – A

Saturday 5/27

9:00 – Devotion w/Mr. McGee – LIB
9:45 – Second Cup w/Tina – AR
10:45 – Let's Paint Together – AR
1:30 – Red, White & Blue Treats on the Front Porch – FP
3:00 – Dream Team Bingo – AR
5:00 – The Daily Chronicle – A

Sunday 5/28

9:30 – TV Church CH: 51 – A
10:00 – Sunday Morning Workout – AR
10:30 – The Daily Chronicle – A
1:30 – Coca-Cola Float Social – AR
2:30 – The Write Word Game – AR
5:00 – Anagram Puzzle – A

Monday 5/29

9:00 – Devotion w/Pastor Cheryl – LIB
10:00 – Basic Workouts w/Tina – AR
10:30 – Red, White & Blue Mason Jar Craft – AR
1:30 – How Well Do You Know the Military Branches? w/Yogurt Parfaits – AR
3:00 – Red, White & Blue Bingo – AR
5:00 – Memorial Day Word Search – A

Tuesday 5/30

9:00 – Inspirational Chat w/Tina – LIB
10:00 – Exercise w/Select Rehab – AR
10:30 – Art in Motion – AR
1:30 – Front Porch Social – FP
3:00 – Hands of Gold Nail Spa – AR
5:00 – The Daily Chronicle – A

Wednesday 5/31

9:00 – Inspirational Chat w/Tina – LIB
10:00 – Morning Stretch w/Tina – AR
10:30 – Word In a Word – AR
1:30 – Balloon Volleyball w/Select Rehab – AR
3:00 – Round Table Bible Study w/Tina – LIB
5:00 – The Daily Chronicle – A

Location Key:
Activity Room – AR
Dining Room – DR
Front Porch – FP
Courtyard – CY
Apartment – A
Library – L
Hallways – H

All Programs are Subject to Change without NOTICE!

Sumter Grove
Senior Living