

anuary 2024

Monday 1/1

9:00 - Devotion w/Pastor Cheryl -

10:15 - Morning Workout w/Tina – AR

10:30 - Word Boggle w/Tina - AR 1:30 - New Year's Day Party - AR

3:00 - Bingo w/Tina - AR

5:00 - Happy New Year's Word Search – AR

Tuesday 1/2

9:00 - Devotion w/Tina - LIB 10:00 - Tone Up Tuesday w/Select Rehab – AR

10:30 - Pictionary w/Tina - AR 1:30 - One on One's w/Tina - A

2:30 - Afternoon Manicures - AR

5:00 - The Daily Chronicle - A

Wednesday 1/3

9:00 - Devotion w/Tina - LIB 10:00 - Morning Stretch w/Tina - AR 10:30 - Winners Keep all Prize Bingo – AR

1:30 - Balloon Bop w/Select Rehab - AR

3:00 - Sharing Our Faith w/Tina -LIB

5:00 - The Daily Chronicle - A

Thursday 1/4

9:00 - Devotion w/Mr. David- LIB 10:00 - Flexible Strength w/Select Rehab - AR

10:30 - Resident Council Meeting – AR

1:30 - Corn Hole Toss - AR

3:00 - Wine & Cheese Happy Hour – AR

5:00 - The Daily Chronicle - A

9:00 - Devotion w/Mrs. Annie - AR 10:00 - Full Body Workout w/Tina – AR

10:30 - Lunch Outing @ Western Sizzlin Steakhouse & Buffet - BUS Shopping @ Hammocks Florence, SC

1:30 - Cards Players Club - AR

3:00 – Meeting of the Mind – AR

5:00 - The Daily Chronicle - A

Saturday 1/6

9:00 - Devotion w/Mr. McGee - LIB 9:45 - Second Cup w/Mrs. Angie - AR

1:30 - Munchie Mobile - H

2:30 - Bingo w/Sumter Grove Staff – AR

5:00 - The Daily Chronicle - A

Sunday 1/7

9:30 - Wake Up & Worship - AR 10:30 - Word Search - AR

1:30 - Music & Trivia - Born in January – AR

3:00 - Heaven is for Real Movie & Snack - AR

5:00 - The Daily Chronicle - A

Monday 1/8

9:00 - Devotion w/Pastor Cheryl -LIB

10:15 - Core Cross Fitness w/Tina – AR

10:30 - Riddles to Ponder - AR

1:30 - Group Word Search Challenge – AR

3:00 - Bingo / Hot Cocoa Bar w/ Tina - AR

5:00 - The Daily Chronicle - A

Tuesday 1/9

9:00 - Inspirational Chat w/Tina -

10:00 - On Alert Fitness w/Select Rehab - AR

10:30 - Winter Hangman - AR

1:30 - Hand Wax Therapy - AR 2:30 - Glamour Nails by Tina - AR

5:00 - The Daily Chronicle - A

Wednesday 1/10

9:00 - Inspirational Chat w/Tina -LIB

10:00 - Feel the Burn w/Tina - AR 10:30 - Bingo Buddies w/Tina - AR

1:30 - Balloon Bop w/Select Rehab - AR

3:00 - Sharing Our Faith w/Tina -LIB

5:00 - The Daily Chronicle - A Thursday 1/11

9:00 - Devotion w/Mr. David - LIB 10:00 - Rise-up Fitness w/Select Rehab - AR

10:30 - BP & Weight w/Sumter Grove Staff - AR

1:30 - Tower of Babel-How Many Words - AR

3:00 - Music Request Happy Hour - AR

5:00 - The Daily Chronicle - A Friday 1/12

9:00 - Devotion w/Mrs. Annie - LIB

10:00 - Fitness Trials w/Tina - AR

10:30 - Shopping @ Dollar Tree -BUS

1:30 - Karaoke w/Residents - AR

2:30 - Mystery Ride w/Tina - AR

5:00 - The Daily Chronicle - A Saturday 1/13

9:00 - Devotion w/Mr. McGee - LIB

9:45 - Second Cup w/Dee - AR

1:30 - Table Games/Puzzles - AR

2:30 - Money Bingo - AR

5:00 – The Daily Chronicle – A

Sunday 1/14

9:30 - Wake Up & Worship - AR 10:30 - Morning Coffee & Chit Chat - AR

1:30 - Ultimate Bible Trivia - AR

3:00 - Root Beer Float Social - AR 5:00 - The Daily Chronicle - A

Monday 1/15

9:00 - Devotion w/Pastor Cheryl -LIB

10:15 - True Git Fitness w/Tina - AR

10:30 - Martin Luther King Jr. Day-Word in a Word - AR

1:30 - Monday Social - AR

3:00 - Freestyle Friday Bingo - AR

5:00 – Dream of Equality Word Search - A

Tuesday 1/16

9:00 - Devotion w/Tina - LIB 10:00 - Greatest Fitness w/Select Rehab - AR

10:30 - Crafting w/Tina - AR 1:30 - Board Games for Wellness &

Hydration Cart - AR 2:30 - Glamour Nails by Tina - AR

5:00 - The Daily Chronicle - A Wednesday 1/17

9:00 - Devotion w.\/Tina - LIB 10:30 - Good Fitness w/Tina - AR

1:30 - Balloon Bop w/Select Rehab - AR

3:00 - Sharing Our Faith w/Tina -

5:00 - The Daily Chronicle - A Thursday 1/18

9:00 - Devotion w/Mr. David - LIB 10:00 - Anytime Fitness w/Select Rehab - AR

10:30 - Web Words w/Tina - AR

1:30 - Corn Hole Toss - AR 3:00 - Thirsty Thursday Happy Hour - AR

5:00 - The Daily Chronicle - A Friday 1/19

9:00 - Devotion w/Mrs. Annie - LIB

10:00 - Walking Club w/Tina - H 10:30 – Lunch Outing @ the Shrimper - BUS

1:30 - The Price is Right Word Search Challenge - AR

3:00 - Painted Bubbles w/Tina - AR

5:00 - The Daily Chronicle - A Saturday 1/20

9:00 - Devotion w/Mr. McGee - LIB

9:45 - Second Cup/Leigh - AR

1:30 - Word In a Word - AR

3:00 - Bingo w/Sumter Grove Staff – AR

5:00 - The Daily Chronicle - A Sunday 1/21

9:30 - Wake Up & Worship - A

10:30 - Coffee Social - AR 1:30 - Survey Says!! - AR

3:00 - Balloon Toss - AR

5:00 - The Daily Chronicle - A

Monday 1/22

9:00 - Devotion w/Pastor Cheryl -

10:15 - Limber Up w/Tina - AR

10:30 - Braided Keychain Craft - AR

1:30 - Word Scramble - AR

3:00 - Bingo w/Sumter Grove Staff – AR

5:00 - The Daily Chronicle - A Tuesday 1/23

9:00 - Inspirational Chat w/Tina -LIB

10:00 - Functional Fitness w/Select Rehab - AR

10:30 - Word Hive - AR

1:30 – Guess the Animal on Youtube - AR

2:30 - Glamour Nails by Tina - AR 5:00 - The Daily Chronicle - A

Wednesday 1/24 9:00 - Inspirational Chat w/Tina -

LIB 10:00 - F.I.T Happens w/Tina - AR

10:30 - Early Morning Bingo - AR 1:30 - Balloon Bop w/Select Rehab

3:00 - Sharing Our Faith w/Tina -

5:00 - The Daily Chronicle - A Thursday 1/25

9:00 - Devotion w/Mr. David - LIB 10:00 - Let's Get Physical w/Select Rehab - AR

10:30 - Finish the Phrase - AR

1:30 - Gather/Good News - AR 3:00 – "All Shook Up" Happy Hour Social - AR

5:00 - The Daily Chronicle - A Friday 1/26

9:00 - Devotion w/Mrs. Annie - LIB

10:00 - Actively Aging w/Tina - AR 10:30 - Shopping @ Sumter Mall -AR

1:30 - Game Time - AR

2:30 - Name that tune-70's & 80's - AR

5:00 - The Daily Chronicle - A Saturday 1/27

9:00 - Devotion w/Mr. McGee - LIB

9:45 - Second Cup/Melissa - AR 1:30 - Hangman - AR

2:30 - Bingo w/Sumter Grove Staff – AR

5:00 - The Daily Chronicle - A

Sunday 1/28

Monday 1/29

9:30 - Wake Up & Worship - AR

10:30 - Find Your Focus - AR

1:30 - Painted Feather - AR 3:00 - Solve the Riddles - AR

5:00 - The Daily Chronicle - A

9:00 - Devotion w/Pastor Cheryl -

10:15 - Rock & Stroll around the Community - AR

(2 Lapses)

10:30 - Minute to win it - AR

1:30 - Social Calls - AR

3:00 - Prize Bingo - AR 5:00 - The Daily Chronicle - A

Tuesday 1/30

9:00 - Inspirational Chat w/Tina -

10:00 - Movement Improvement w/ Select Rehab - AR

10:30 - I Should've Known That-Mind Game - AR

1:30 - January Birthday Bash!!!- AR

2:30 - Day Spa w/Tina - AR

5:00 - The Daily Chronicle - A Wednesday 1/31

9:00 - Inspirational Chat w/Tina -LIB

10:00 - Fitness Fun w/Tina - AR

10:30 - B-I-N-G-O w/Tina - AR 1:30 - Balloon Bop w/Select Rehab

- AR 3:00 - Sharing Our Faith w/Tina -

5:00 - The Daily Chronicle - A

Location Key: Activity Room - AR

Sitting Room - SR Dining Room - DR

Front Porch - FP **Courtyard - CY**

Apartment – A

Library - L Hallways - H

ALL PROGRAMS ARE **SUBJECT TO CHANGE** WITHOUT NOTICE!!

Sumter Grove Senior Living